FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL									
OMB Number:	3235-0287								
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP hours per response: 0.5 or Section 30(h) of the Investment Company Act of 1940

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1. Name and Address of Reporting Person*					2. Issuer Name and Ticker or Trading Symbol LANDEC CORP \CA\ [LNDC]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
HALPRIN STEPHEN E													X Directo	or		10% Ov	vner	
(Last)	,	irst)	(Middle)			3. Date of Earliest Transaction (Month/Day/Year) 05/23/2011							Officer below)	(give title		Other (specify below)		
3603 HAVEN AVENUE				4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street)													- 1	,	filed by One	e Repo	orting Perso	n
MENLO	PARK C.	A !	94025									Form filed by More than One Reporting Person						
(City)	(S	tate)	(Zip)															
		Tab	le I - Nor	ı-Deriv	ative	Sec	curitie	s Ac	quired, D	Disp	osed c	of, or Be	neficial	lly Owned	t			
1. Title of Security (Instr. 3) 2. Transa Date (Month/D					Execution Date,		Code (In	Transaction Dispose Code (Instr. 5)		rities Acquired (A) ed Of (D) (Instr. 3,		Benefici	es ally Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)		
							Code	v	Amount	(A) o	Price	Transac	action(s) . 3 and 4)			(111501.4)		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	ative Conversion Date Execution Date, Training or Exercise (Month/Day/Year) if any Co		Transa Code (l	ansaction of I			6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Securi (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	Ownersh Form: Direct (D or Indirec (I) (Instr.	Ownership	Beneficial Ownership ct (Instr. 4)			
					Code	V	(A)	(D)	Date Exercisable		piration te	Title	Amount or Number of Shares					
Stock Option (Right to Buy)	\$5.77	05/23/2011			M		5,000		05/23/2011	05/	/23/2018	Common Stock	5,000	\$5.77	80,000)	D	
Restricted Stock Unit (RSU)	(2)	05/23/2011			M		1,667		05/23/2012		(1)	Common Stock	1,667	(2)	1,667		D	

Explanation of Responses:

- 1. Restricted Stock Units will vest on the 1st anniversary of the grant date and will be automatically settled in shares of common stock subject to vesting.
- ${\tt 2. \ The \ restricted \ stock \ units \ convert \ into \ common \ stock \ of \ Landec \ Corporation \ on \ a \ 1 \ for \ 1 \ basis}$

/s/ Stacia Leigh Skinner by power of attorney

05/24/2011

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.